



FRANCESCA DELL'AMORE - PSYCHOLOGIST

Via XXIV Maggio 16, 20099 Sesto San Giovanni (MI)

3393124779 | mail@francescadellamore.it | www.francescadellamore.it

WORK EXPERIENCE

Private practice, Sesto San Giovanni (MI)

Psychologist

Individual therapy with adults

Since 2015 - Today

Italian Society of Positive Psychology

General secretary

Communication (website editor, newsletter editor, proceedings editor), organization of conferences and events, assistant to the Executive Board.

July 2011 - Today

Caritas, Sesto San Giovanni (MI)

Memory Training Groups for seniors

Planning and directing psycho-educational activities for stimulating attention, memory, motivation and socialization.

November 2015 – May 2016

Homecare for the elders

Somministrazione farmaci, colloqui, accompagnamento.

September 2014 – February 2015

Dr. Francesca Zucchetto, Istituti Clinici Zucchi

Research Assistant

Preliminary research and planning on well-being and drop-out in assisted reproduction, and on well-being in health care professions.

January – December 2013

Arch. Gisella Gellini, Polytechnic of Milan

Editor and English translator

Management of the materials and relationships with the artists/authors; editing/proofing and translating the art book "Light Art in Italy" (3 editions).

October 2009 – April 2014

LinguaViva SA, Ginevra

Italian teacher

Individual class

February – June 2008

International Association of Savoy Orders, Geneva

HRH personal Secretary

Communication and archive

October 2007 – January 2008

IPAC Design, Bachelor in Communication and Fashion, Geneva

Teacher of History of Design

The psychology of perception applied to design and fashion

September 2007 – January 2008

Daniel Besseiche Art Gallery, Geneva

Gallery Manager

Organization of exhibitions and events; press office, logistics and sales.

October 2006 – August 2007

EDUCATION AND TRAINING

EMDR Level I Training

(led by Dr. Izabel Fernandez, psychotherapist)

31st January - 2nd February 2020

Workshop "Body work training"

(led by Dr. George Downing, Ph.D, psychotherapist)

5th-6th October 2019

Workshop "Applications of the theory and research on child development in psychotherapy"

(led by Dr. Richard Erskine, Ph.D, psychoterapist TSTA & CIPTS)

27th-30th September 2019

Mindfulness retreat for care professionals

(Mindfulness Training Project for care professionals by Cecilia Waldenkranz, Neus Lopez Calatayud, Cristina Innocenti)

May 17th-19th 2019

Gender Variance and Identity

16th May 2019

IX Sipiss National Congress - Work environments in evolution. New perspectives for psychology and work medicine

9th May 2019

Affirmative practices and specificities in the work with LGBTQI+ patients

12nd April 2019

Individual and group supervisions with dr. Mariella Giusti

(psychologist psychotherapist, TSTA)

January 2019 - Today

Certified Professional Psychologist (Register of the Psychologists of Lombardy) section A n. 03/18063

Since September 2015 - Today

School of Specialization in Psychotherapy (Transactional Analysis), "Centro Berne", Milan

Certified Psychotherapist

January 2015 - January 2019

San Paolo Hospital - Psycho-Social Mental Health Facility (CPS Barabino, Milan)

Trainee in Psychotherapy

Psychological assessment, support and therapy with adults.

October 2017 - December 2018

Corsorzio SIR, Anffas Milan – Family and rehabilitation clinic

Trainee in Psychotherapy

Observation of psychodiagnosis and psychotherapy with minors.

November 2016 – April 2017

Chayn Italy

Active instruments against gender violence

Online course on gender violence in its historical, legal and psychological aspects.

November 2016 – December 2016

Association of the Psychologists of Lombardy

June – October 2016**In-depth study group “Ageing: the elderly and their families”**

In-depth study group of psychologist and psychotherapist specialized in ageing.

*Association of the Psychologists of Lombardy***Webinars****February 2016 - February 2017**

- Understanding the symbology of symptoms through drawings.
- The role of trauma in mental health. The contribution of EMDR therapy.
- Alcohol: counseling, diagnosis and treatment. Part I and II.

*Hospital Niguarda Cà Granda – High Assistance Psychiatric Rehabilitation Community***Trainee in Psychotherapy****January – September 2016**

Individual psychological sessions and group with adult psychiatric patients; team meetings.

September 2015 - April 2016*National Days of Positive Psychology***Presentation (8th Ed.) and participation**

9th ed. “Cultures of positivity. Recent researches e perspectives”

University of Bologna

June, 9-11 2016

8th ed. “Nurturing positivity. Researches and intervention for well-being promotion”

University of Bergamo

June, 12-13 2015

7th ed. “Positive psychology and the challenge of complexity” University of Florence

June, 6-7 2014

6th ed. “Promoting resources in change” University of Milan-Bicocca

February, 22-23 2013

5th ed. “The everyday well-being. Researches and practices compared”

University of Milan-Bicocca

November, 11, 12 2011*RSA San Giuseppe Retirement Home, Vimercate***Trainee in psychotherapy**

Individual psychological sessions with elder patients; meetings with relatives; Validation groups with patients with Dementia; research in the elderly and caregivers' well-being; neuropsychological and clinical testing.

February 2015 – October 2016*Psychiatric Daycare “Stella Polare”, Milan***Post-graduate trainee****September 2014 – March 2015**

Participation in rehabilitation groups with mentally impaired and disabled patients (dance therapy; psychomotricity; art therapy); team meetings.

*University of Milan-Bicocca – Cognitive Developmental Psychology***Post-graduate trainee****March – September 2014**

Continuation of the eye-tracker research on young adults; interpretation, presentation and divulgation of the collected data (see Publications).

*University of Milan-Bicocca – Clinical, Developmental Psychology and Neuropsychology***Master’s Degree, Dean’s Award****March 2014**

“The exploration of adult and baby faces in a familiar/new recognition task of familiar/new faces in young adults: behavioral and qualitative differences (eye-tracker)”.

Original research thesis in Cognitive Developmental Psychology

*University of Milan-Bicocca – Psychological Sciences and Techniques***Bachelor’s Degree, Dean’s Award****July 2012**

"Sexual orientation and psychosocial stress: the development of a Minority Stress' measurement instrument tested on a sample of homosexual and bisexual Italian men".

Original research thesis in Health Psychology (In publication in LGBT Health)

University of Milan – Faculty of Letters and Philosophy

1st level Master

February 2005 – February 2006

Basic Methodologies in Information Technology and Communication for the Humanistic Sciences

University of Milan – Faculty of Letters and Philosophy

Master's Degree, Dean's Award

December 2004

Modern Letters (Major in Art History)

PUBLICATIONS AND PRESENTATIONS

NORCINI PALA, A., **DELL'AMORE, F.**, STECA, P., CLINTON, L., SANDFORT, T., & RAEL, C. (2017).

Validation of the Minority Stress Scale Among Italian Gay and Bisexual Men. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <http://dx.doi.org/10.1037/sgd0000243>

PROIETTI, V., MACCHI CASSIA, V., **DELL'AMORE, F.**, CONTE, S., BRICOLO, E. (2015).

Visual scanning behavior is related to recognition performance for own- and other-age faces

Frontiers in Psychology – Cognition

2015

<http://dx.doi.org/10.3389/fpsyg.2015.01684>

In "Reading faces and bodies: behavioural and neural processes underlying the understanding of, and interaction with, others"

2017

(<http://journal.frontiersin.org/researchtopic/3379/pdf>)

D'ALFONSO, R., **DELL'AMORE, F.**, BERTAZZONI, D., MOLTENI, A., SIVIERO, C., LA ROCCA, S.

The caregiver's well-being in the assistance of the elderly (RSA aperta).

Oral presentation at the 8th National Days of Positive Psychology

2015

D'ALFONSO, R., MERCADANTE, L., GIANNINI, C., GALBUSSERA, R., **DELL'AMORE, F.**

Dramatherapy: optimal experience for disabled adults.

Oral presentation at the 8th National Days of Positive Psychology

2015

SKILLS

- Psychological and neuropsychological assessment with children, adults and elders : Rorschach, Blacky, drawings, Brief Neuropsychological Exam among others.
- Research and data analysis: SPSS, E-prime and ASL Eye-trac
- IT: Wordpress, Adobe Suite (Photoshop, Indesign), Microsoft Office, basic programming (HTML)

LANGUAGES

Italian mother tongue

English – excellent written, read and spoken (Cambridge Certificate of Advanced English - Level C1)

French – excellent read and spoken, good written (Diplôme de Langue – Alliance française – Level B2)

Spanish and Portuguese – basic knowledge

MEMBERSHIPS

Register of the Psychologists of Lombardy (section A n. 03/18063)

REFERENCES

Dr. Rita D'Alfonso (RSA San Giuseppe, Vimercate)

Prof. Antonella Delle Fave (University of Milan)

Arch. Gisella Gellini (Polytechnic of Milan)

Dott.ssa Donata Luzzati

Dr. Ruggero Zana (CRA Niguarda)

Dr. Alessandra Zanuso (Centro Berne, Milan)

ritage@alice.it

antonella.dellefave@unimi.it

gisella.gellini@gmail.com

donaluz@icloud.com

ruggero.zana@ospedaleniguarda.it

azanuso@gmail.com

*I hereby authorize the processing of my personal data in compliance
with Legislative Decree No. 196/2003 and art. 13 GDPR 679/16.*